



# **Roman Road Primary School**

## **Positive Handling Policy**

## Aims

At Roman Road Primary School, we aim to foster a calm, positive and caring atmosphere within the school. Everyone must feel safe and able to join in school life in an atmosphere of mutual respect. The main aim of Positive Handling is to establish a school community with means of supporting children whose behaviour requires some form of physical intervention (in conjunction with the school's behaviour policy).

## **Introduction**

Staff at Roman Road Primary School is trained to look after pupils in their care. Staffs have a duty to intervene in order to prevent pupils from hurting themselves or others. If a member of staff ever needs to intervene physically they will follow the school's Positive Handling Policy.

Only staff trained in the pre-emptive and responsive positive handling strategy techniques of TEAM TEACH will use physical intervention techniques with children when necessary.

Further details of the TEAM TEACH approach can be found on the TEAM TEACH website. The website address is [WWW.team-teach.co.uk](http://WWW.team-teach.co.uk)

The term positive handling includes a wide range of supportive strategies for managing challenging behaviour. The term 'physical restraint' is used when force is used to overcome active resistance. A clear and consistent positive handling policy supports pupils who have social, emotional and behavioural difficulties within an ethos of mutual respect, care and safety.

The school takes seriously its duty of care to pupils, employees and visitors to the school.

- The first and paramount consideration is the welfare of the children in our care.
- The second is the welfare and protection of the adults who look after them.

Section 93 of the Education and Inspections Act 2006 enables a school's staff to use such force as is reasonable. There is no legal definition of when it is reasonable to use force.

## Team Teach

The TEAM TEACH system is recognised by the Local Authority and accredited through BILD - British Institute of Learning Disabilities. Staff undergo a one or two day course (depending upon the severity of behaviour of the children they are working with) led by qualified trainers with a single day refresher course undertaken every two years.

*Although any member of staff may be required to physically intervene with a pupil who is endangering themselves or others, we would expect accredited staff to take over as soon as possible.*

### Before using physical controls

- Showing care and concern by acknowledging unacceptable behaviour and requesting alternatives using negotiating and reasoning.
- Giving clear directions for pupils to stop
- Reminding them about rules and likely outcomes
- Removing an audience or taking vulnerable pupils to a safe place
- Making the environment safer by moving furniture and removing objects which could be used as weapons
- Using positive guidance to escort pupils to somewhere less pressured
- Ensuring that colleagues know what is happening and call for help.

## Restraint

At this school we only use physical restraint when there is no realistic alternative. We expect staff to risk assess and choose the safest alternative. It also means that we expect staff to experiment and think creatively about alternatives to physical intervention which may be effective. The paramount consideration is that the action is taken in the interest of the child and that it **reduces rather than increases** risk. Any response to extreme behaviour should be reasonable and proportionate. Physical restraint must only be in accordance with the following:

- The child should be in immediate danger of harming itself or another person or in danger of seriously damaging property.
- The member of staff should have good grounds for believing this.

- Only the minimum force necessary to prevent injury or damage should be applied.
- Every effort should be made to secure the presence of other staff before applying restraint. These staff can act as assistants or witnesses.
- Once safe, restraint should be relaxed to allow the child to regain self-control.
- Restraint should be an act of care and control, not punishment.
- Physical restraint should not usually be used purely to force compliance with staff instructions when there is no immediate danger present to people and property.
- The restraint should be discussed with the child, if appropriate, and the parents at the earliest opportunity.

In addition, whilst or before intervention, staff should speak calmly as a way of reassurance e.g. I am doing this to keep you safe.

### **Responding to unforeseen emergencies**

Even the best planning system cannot cover every eventuality and the school recognises that there are unforeseen or emergency situations in which staff have to think on their feet.

An unforeseen event may require an emergency response. After that event, staff have a duty to plan ahead and prepare a risk assessment.

### **Risk Assessment**

Risk assessments are required for pupils who exhibit **extreme** behaviour. Responsible staff should think ahead to anticipate what might go wrong.

When considering a pupil's behaviour, staff will think about the following questions:

- Can we anticipate a Health and Safety risk related to this pupil's behaviour?
- Have we got all the information we need to conduct a risk assessment?
- Have we provided a written plan as a result?
- What further steps can we take to prevent dangerous behaviour from developing?

## **Positive Handling Plans**

Risk management is regarded as an integral part of behaviour management planning. All pupils who have been identified as presenting a risk should have a Positive Handling Plan. The plan details any strategies which have been found to be effective for that individual, along with any particular responses which are not recommended.

## **In what situations might physical intervention be needed?**

Application of force is likely to be legally defensible when it is required to prevent any of the following:

- When a pupil attacks a member of staff
- When a pupil attacks another pupil
- When a pupil attempts to self-harm
- When a pupil engages in, or is on the verge of committing, deliberate damage or vandalism
- When a pupil is causing injury or damage by accident, by rough play or by misuse of dangerous materials or objects
- When a pupil at risk absconds from class or tries to leave the school
- When a pupil persistently refuses to obey an order to leave the classroom
- When a pupil is seriously disrupting a lesson
- When a pupil is a danger to him/herself

Any particular physical techniques which have been found to be effective should be named, along with any alerts to any which have proved to be ineffective or which caused problems in the past. Positive Handling Plans should be considered along with the child's Educational Health care Plan (EHCP) and any other planning document relevant to the pupil. They should take account of age, sex, level of physical, emotional and intellectual development, special needs and social context.

## **Post Incident Debrief**

Following a serious incident, it is the policy of the school to offer support to all involved. This is an opportunity for learning and time needs to be given for following up incidents so that pupils have an opportunity to express their feelings, suggest alternative courses of action for the future and appreciate other peoples' perspective.

It is difficult to devise a framework of support that meets the need of all staff. As individuals we all vary in how much support we need after an unpleasant incident. Generally a member of senior staff would expect to talk to staff and children involved (if appropriate) in any incidents involving violence. If members of staff need time to rest or compose themselves, then the head teacher or deputy will make arrangements for the class group to be supported.

### **Recording**

- All incidents of unacceptable behaviour should be recorded.
- All serious incidents or incidents involving restraint will be recorded on the appropriate form (see Appendix 2)

Within these recording strategies, all details must be recorded by witnesses within twenty four hours and signed by at least two members of staff. The Head Teacher needs to be informed.

### **Monitoring and Evaluation**

The Head Teacher will ensure that each incident is reviewed and instigate further action as required.

### **Parents**

When there is concern about a child, parents will be invited to contribute to a risk assessment and Positive Handling Plan. Written parental agreement will form part of this. Parents will be informed of the school's policies. Parents will be informed following serious incidents.

### **Complaints and Allegations**

Any complaints will follow the school's complaints procedure.

**Appendix 1** List of those qualified to use TEAM TEACH techniques.

**Appendix 2** Blank positive handling plan including RA

**Appendix 3** Serious incident report form

School behaviour, child protection, bullying policies etc will all be incorporated into the care package which is used to address each child's needs.

January 2019

To be revised January 2022.

## APPENDIX 1

Staff trained in the TEAM TEACH positive handling intervention techniques as at September 2019 are:

Beverley Mattis SENCO ,ASSISTANT HEAD & Behaviour Lead

Sam Stone - Assistant Head

Carole Bennett - TA Support Staff

Michael Sherwood - Sports Coach

There are further staff to attend the training and will be added to the list



## APPENDIX 2

# Positive Handling Plan

Name:

Date of Plan:

Review Date of PHP:

What are common triggers, contexts or environmental factors which have led to a dangerous situation in the past?

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What does the behaviour look like?

Stage 1 Anxiety Behaviours	Stage 2 Defensive Behaviours	Stage 3 Crisis Behaviours

## De-escalation skills

	Try	Avoid	Notes
Verbal advice and support			communication impairment
<b><i>Giving space</i></b>			<b><i>always supervise</i></b>
Reassurance			soothing, tactile
<b><i>Choices motivators</i></b>			<b><i>choice of two</i></b>
Consequence			may not understand he has received
	why sanction		
<b><i>Planned ignoring attention</i></b>			<b><i>he will hit for</i></b>
Take up time supervise			give space but
<b><i>Time-out</i></b>			<b><i>he may self harm</i></b>
Supportive touch			not when kicking out
<b><i>Acknowledgement</i></b>			<b><i>needs attention</i></b>
Removing audience circumstances			in severe

**Diversions and distractions** (Describe interest, words, objects, etc which may divert attention away from an escalating crisis)

1.
2.
3.

**Praise points /potential strengths:** (Areas that can be developed further and built upon)

1.
2.

**Any medical conditions to be taken into account before using Physical interventions?**

**Preferred method Physical intervention** (guide limbs away assertively)

<b>Intermediate</b>	<b>Try</b>	<b>Avoid</b>	<b>Notes</b>
Caring C			both arms
Friendly escort			avoid wrist
Figure of four			protect staff wrists.
Half Shield			

**Advanced**

Front Ground Recover			can be fully
Back Ground Recovery above			restrained by the
Shield			

Are there any factors to consider when debriefing? E.g. Communication aids, staff etc.

<p>Hear</p> <p>Explain</p> <p>Link</p> <p>Plan</p>	<p><b>Physical Intervention:</b></p>    <p><b>Critical Friend:</b></p>
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How should we record incidents and who, when and how should we inform?

**Incident Reports:**

**Behaviour Plan**

**SLT plan:**

**OT plan**

**Review incidents and plans every half term.**

**Consultation with parents:**

Headteacher / Manager Name:

Parents/Carers: Name:

Social services (if applicable) Name:

Educational Psychologist Name:

Child / Adult Name:

Other Name:

### APPENDIX 3

<b><u>Roman Road Primary School</u></b> <b><u>Restraint of Pupil(s) -Incident Report</u></b>	
Date of incident:	Time of incident:
Name (s) of staff involved:	
Name (s) of pupil(s) involved:	
Name (s) of other staff/pupils who witnessed incident:	
Brief description of incident: <i>(Please be objective and factual, outlining how the incident began and progressed, details of pupil's behaviour, what was said by each of the parties, steps taken to defuse/calm the situation, degree of force used, how applied, and for how long.) Please continue on a separate sheet, if necessary.</i>	

Reason that restraint was necessary:
Pupil's response & outcome of incident:
Details of any injury suffered by the pupil, another pupil, or member of staff, or any damage to property:

SIGNED ..... DATE .....

Headteacher Comments:
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