



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Meatball Marinara In a Sub Roll with Coleslaw	Lamb & Lentil Lasagne served Garlic Bread	Roast Turkey & Stuffing served with Roast Potatoes	Greek Style Souvlaki Chicken served with Rice	Fish Fingers with Chips
Choice 2	Quorn Frankfurter Hot Dog with Sauerkraut	Chicken Curry served with Rice	BBQ Chicken in Folded Flatbread served with Coleslaw	Homemade Pizza Slice	Veggie Burrito with Chips
Vegetarian Choice	Vegetarian Pasta & Mixed Bean Bake	Vegetarian Koftas in Flatbread with Greek Salad	Autumn Vegetable Tart served with Roast Potatoes	Vegetable & Chickpea Curry served with Rice	Veggie Dippers with Chips
Side Dishes	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans
Dessert	Peach Crumble with Custard	Banana & Date Flapjack	Cinnamon Rice Pudding	Frozen Yoghurt with Fruit	Fruit & Jelly with Ice Cream
Daily Options	Fresh Fruit Platter / Fresh Fruit / Yoghurt / Freshly Baked Homemade Bread				

Meat served at this school is: Halal / Halal un-stunned / Non-Halal / Both (please indicate preference)



Vegetarian



Plant Based



New Dish



Sugar Smart





Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Sausages with Mashed Potatoes	Chicken & Vegetable Jollof Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Moroccan Chicken Bake	Fish in Batter with Baked Jacket Wedges
Choice 2	Piri Piri Chicken Pasta Bake	Jacket Potato with Cheese & Beans Or Tuna Mayo	Spinach & Feta Whirl served with Roast Potatoes	Ratatouille Ravioli	Mexican Chicken Burrito
Vegetarian Choice	Thai Style Veggie Rice Bowl	Sweet Potato Macaroni Cheese	Forest Green Rovers Vegan Burger in Bun with Salad	Vegan Tagine served with Couscous	Vegetarian Sausage Roll with Baked Jacket Wedges
Side Dishes	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans
Dessert	Raspberry Ice Cream Sponge Roll	Marble Cake & Custard	Mandarin Cheesecake	Lemon & Courgette Cake with Custard	Waffles with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Fresh Fruit / Yoghurt / Freshly Baked Homemade Bread				

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New Dish



Sugar Smart





Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Burger in a Bun with Salad & Jacket Wedges	Spaghetti Bolognese With Garlic Bread	Roast Turkey served with Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Fish Fingers served with Baked Jacket Wedges
Choice 2	Lamb & Lentil Keema served with Raita & Naan Bread	Fish Biryani	Red Pepper Frittata with Roast Potatoes	Falafel & Houmous Wrap	Tandoori Chicken In Naan with Salad
Vegetarian Choice	Mixed Bean Quesadilla	Vegetable Samosa served with Rice & Dhal	Vegetable Toad in the Hole with Roast Potatoes	Red Lentil Pasta Bake	Quorn Vegan Pattie Muffin with Baked Jacket Wedges
Side Dishes	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Garden Peas
Dessert	Frozen Yoghurt With Fruit	Banana & Honey Slice 	Apple Crunch Fingers served with Ice Cream	Sticky Orange Sponge & Custard	Strawberry Mousse
Daily Options	Fresh Fruit Platter / Fresh Fruit / Yoghurt / Freshly Baked Homemade Bread				

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Vegetarian



Plant Based



New Dish



Sugar Smart



Soil Association